

LOOKING FOR FAITH SERVICE & FUN FOR YOUR DAUGHTER?

The American Heritage Girls Program enables your daughter to grow in her FAITH, cultivate a heart for SERVICE, and have more FUN than she can imagine!

Girls develop physically, emotionally and spiritually through the support and encouragement of other fun - loving girls and engaging AHG Mentors and Leaders. Troops participate in Badge work, service projects, leadership opportunities, social and outdoor experiences that are unique to a female audience, all with an emphasis on Christian values and family involvement.

FIVE LEVELS OF FUN!

PATHFINDER
at least 5 years old

TENDERHEART
at least 6 years old

EXPLORER
at least 9 years old

PIONEER
at least 12 years old

PATRIOT
at least 14 years old



My daughter has met some sweet girls, and gained valuable friendships. The AHG Program has also given her great opportunities to speak in front of others and practice leadership skills. - Katie A.

For more information on starting your daughter's journey with American Heritage Girls visit www.americanheritagegirls.org



**AMERICAN
HERITAGE GIRLS®**
FAITH | SERVICE | FUN

WOMEN of INTEGRITY

Six Program Emphases

The American Heritage Girls Ministry develops Christ-following servant leaders who are honoring, relational, anchored, and competent; they are women of integrity.



Faith

Girls are encouraged to grow in their faith and relationship with God through the AHG Faith Award Program, prayer, fellowship, and service which are woven throughout each aspect of the AHG Program.

Leadership

The AHG Program is rich in leadership opportunities for girls of all ages. Girls discover their passions, acquire project management skills, hold leadership positions, and work with girls of different ages and backgrounds.

Citizenship

Girls grow a deeper understanding of their country and heritage by participating in Patriotic events, serving in their community, and learning about their country through Badge work. Serving others and being active citizens with their Troop, fosters a lifelong love for their country and its people.

Social

AHG's all girl multi-level Troop structure allows each member to create friendships with one another. This unique Troop structure allows for rapport, mentorships and learning opportunities to occur naturally among girls. Girls enjoy having fun and rate "time with their friends" as one of the key reasons they love the AHG Program.

Emotional

Girls are encouraged to be the best version of themselves each day. Girls learn strategies to foster healthy emotional intelligence and problem-solving skills. They receive programs that teach them how to be adaptive and resilient. Girls learn to regulate their emotions in the face of daily challenges with the help of the AHG Program.

Life Skills

Earning Badges provides girls the opportunity to learn a wide array of life skills, inspiring them to become lifelong learners and doers. At AHG, girls can step out of their comfort zone and try new experiences while discovering their life's calling.

...Her faith is stronger because it extends past home and church! Her heart to serve amazes me every day and I believe that was developed through so many acts of service with AHG. - Pamela W.

AHG OATH

I promise to love **GOD**.

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Cherish my **FAMILY**.

•

Honor my **COUNTRY**.

•

Serve in my **COMMUNITY**.

AHG CREED

As an
American Heritage Girl,
I promise to be:

Compassionate

Helpful

Honest

Loyal

Perseverant

Pure

Resourceful

Respectful

Responsible

Reverent